



***“Blessed are those Who Hunger and Thirst for Righteousness, for They Shall be Satisfied”***  
***Matthew 5:6***

“I’m hungry!” What parent has not heard this cry from a child. Or a spouse walking in the door at the end of the day, “What’s for dinner?” Our reality is that most people have never really experienced true hunger or thirst. We stop to “grab a snack” or a drink on the way home. Our cabinets are often stacked with stuff for in-between meal food. Often, even when we are hungry, thirsty we often do not reach for the things that are the best for us.

**Key Verse.** *“Blessed are those Who Hunger and Thirst for Righteousness, for They Shall Be Satisfied.” (Matthew 5:6).*

When you hear the words, “hunger” or “thirsty” what images, thoughts usually come to your mind? What is your experience with real hunger?

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In the Beatitudes, Jesus has been building the counter-cultural character of a follower of Jesus. Acknowledging my spiritual bankruptcy, mourning over my separation from God are essential to my spiritual foundation. Meekness, “strength under control” begins to refill my cup that I have emptied before God.

Read *Isaiah 55:2-3* and *Jeremiah 2:12-13*. What do these verse say about what put into our lives and what is the result when we do?

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“Hunger”- “poor who are pining and craving what you need to survive”  
“Thirst”- “being parched to the point of failure”  
“Knowing you can’t live without these things, and you do all you can to meet the need, knowing you will die without them”

What are the things in my life that I believe that I can’t live without? How much time do I spend trying to fill those needs? How do I feel after I have filled my life with these things?

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Jesus says we need to fill our lives with Biblical righteousness. Righteousness affects my character and my actions. Read *Isaiah 33:22*. How does this verse influence your understanding of righteousness?

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Read *Romans 3:10-18*. How do these verses instruct you understanding of righteousness before God?

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Read *James 2:17*. What does James say is the connection between my “state” of righteousness and my actions?

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Read *Matthew 25:31-40*. What does Jesus say about how God will look at my righteous acts, or lack thereof? How do these verses speak to me?

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**THIS WEEK:**

- What is the main purpose of your life? Am I content? What would I say I am hungering and thirsting after? How would someone know?
- To whom can you demonstrate your righteousness to this week and help fill their life?